

- STARTERS & SALADS -

Soup of the Day <b>(new)</b>	R70	<div><div>-15%</div><div>R 59.50</div></div>
Please ask your waitron for the daily option – served with a freshly baked roll		
Peri-Peri Chicken Livers	R84	R 71.40
Chicken livers in chilli, onion, garlic, tomato, peri-peri sauce with semi-dried tomatoes, Parma ham and toasted ciabatta		
Salt and Pepper Calamari	R95	R 80.75
Served with chips or salad and a brinjal chutney		
Grilled Chicken Salad	R138	R117.30
Grilled chicken breast with seasonal greens, avocado, spring onion, crispy bacon and parmesan shavings, dressed with creamy dijonnaise		
Smoked Salmon and Quinoa Salad	R150	R127.50
Sliced smoked salmon served with baby Asian greens, beetroot, red onion, capers and lemon		
Tuna Salad	R142	R120.70
Tuna salad with black and green olives, cherry tomatoes, cucumber, baby potatoes, green beans, boiled egg and a mustard dressing		
Mediterranean Chopped Salad <b>(new)</b>	R125	R106.25
A chopped salad with avocado, chickpeas, olives, feta, bell peppers, red onion and garlic croutons served with a lemon herb dressing		
- TRADITIONAL SANDWICHES -		
Served on your choice of white, brown or rye bread with a side salad or chips		
Cheddar cheese and tomato	R67	R 59.95
Ham and cheese	R77	R 65.45
Ham, cheese and tomato	R82	R 69.70
Chicken mayonnaise	R77	R 65.45
Bacon, egg and cheese	R85	R 72.25
Classic Club Sandwich	R130	R110.50
Chicken mayonnaise, fried egg, bacon, cheddar cheese, and tomato		
Chicken Tramezzini	R118	R100.30
Shredded chicken, feta, avocado and sweet chilli in a toasted tramezzini		
Smoked Salmon on Rye	R135	R114.75
Open-faced rye sandwich with seasonal greens topped with sliced smoked salmon, cucumber ribbons, shaved red onion, crispy capers and a herbed cream cheese		
- WRAPS -		
A wheat tortilla with assorted seasonal greens served with chips or a side salad		
Chicken	R123	R104.55
Grilled chicken strips, cucumber, cherry tomatoes, feta cheese and sliced avocado with an olive oil and herb vinaigrette		
Beef Burrito	R136	R115.60
Stir-fried Mexican spiced beef strips, corn salsa, sliced onions, black beans, guacamole and fresh coriander		
Turkish Lamb <b>(new)</b>	R146	R124.10
Slow-braised pulled lamb with hummus, tahini, coriander, tomato salsa, lettuce and feta		
Banting Option	surcharge R40	R 34.00
Pumpkin or cauliflower wrap		

- PIZZA -

	23cm	<div><div>-15%</div><div></div></div>	30cm	<div><div>-15%</div><div></div></div>
CCJ Vegetarian <b>(v)</b>	R95	R 80.75	R120	R102.00
Pickled aubergine, baby marrow, artichoke, mushrooms and chilli flakes				
Margherita <b>(v)</b>	R82	R 69.70	R104	R 88.40
Tomato base and mozzarella				
Hawaiian	R95	R 80.75	R127	R107.95
Tomato base, mozzarella, ham and pineapple				
CCJ Pizza	R122	R103.70	R162	R137.70
Tomato base, mozzarella, salami, ham, feta, black olives, chilli, garlic and rocket				
Regina	R104	R 88.40	R134	R113.90
Tomato base, mozzarella, ham and mushrooms				
Rocklands	R129	R109.65	R162	R137.70
Tomato base, mozzarella, bacon, brie, spiced berry jam and avocado				
Murgh Makhani Calzone			R177	R150.40
Tomato base, mozzarella and traditional Punjab butter chicken curry				
Cajun Chicken	R113	R 96.05	R148	R125.80
Tomato and sweet chilli base, mozzarella, grilled Cajun chicken, grilled onions, avocado, green and red peppers				
Pepperoni	R112	R 95.20	R145	R123.25
Tomato base, mozzarella, pepperoni and oregano				
FAB	R117	R 99.45	R143	R121.55
Tomato base, feta, avocado and bacon				
Chicken Mayo and Bacon	R120	R102.00	R154	R130.90
Tomato base, mozzarella, chicken mayonnaise, fresh thyme and bacon				
Spare Rib	R119	R101.15	R150	R127.50
Tomato base, mozzarella, pulled pork spare ribs, sliced jalapeño, smoky BBQ sauce				
Mexicana <b>(new)</b>	R112	R 95.20	R145	R123.25
Tomato base, mozzarella, beef mince, peppers, corn and chilli				
Focaccia				
Herb	R42	R 35.70	R53	R 45.05
Garlic and herb	R48	R 40.80	R59	R 50.15
Garlic herb and mozzarella	R69	R 58.65	R85	R 72.25
Banting Base	surcharge R40	R 34.00	R35	R 29.75
Cauliflower or pumpkin base				
Extra Toppings				
Tomato, Onions			R10	R 8.50
Pineapple			R12	R 10.20
Rocket			R20	R 17.00
Mushroom, Ham			R22	R 18.70
Feta			R25	R 21.25
Cheddar, Olives			R26	R 22.10
Mozzarella			R27	R 22.95
Bacon, Blue Cheese			R32	R 27.20
Chicken			R33	R 28.05
Avocado			R35	R 29.75
Salami, Pepperoni			R38	R 32.30
Replace regular mozzarella for vegan mozzarella			R48	R 40.80

- BURGERS -

Served on a toasted sesame seed bun and served with a choice of side salad or chips				
Cheese Beef Burger	R128	<div><div>-15%</div><div>R108.80</div></div>		
Topped with cheddar cheese, pickles, tomato and lettuce				
Schnitzel Burger	R128	R108.80		
Crumbed chicken breast topped with three cheese sauce and guacamole				
CCJ Burger	R160	R136.00		
Beef patty topped with grilled onions, bacon, tomato, cheddar cheese, pickles, lettuce and a fried egg				
Wagyu Burger	R185	R157.25		
A char-grilled 200g wagyu patty, sandwiched between bacon jam and Emmenthaler, topped with pineapple chimichurri, served on a brioche bun				
Sriracha Chicken Burger	R148	R125.80		
BBQ basted chicken breast with toasted sesame seeds, sautéed onions, sriracha mayonnaise and avodaco				
Burger Banting Option	surcharge R27	R 22.95		
Replace the bun with a butternut latke				
- SNACK BOARD -				
120g Sticky pork ribs with Asian coleslaw	R52	R 44.20		
120g Mini cheese grillers with sweet chilli sauce	R36	R 30.60		
3 Lamb koftas with hummus dip	R72	R 61.20		
3 Bobotie spring rolls with fruit chutney	R46	R 39.10		
3 Sticky BBQ wings	R41	R 34.85		
1 Beef or chicken slider	R36	R 30.60		
3 Vegetable spring rolls <b>(v)</b>	R40	R 34.00		
3 Falafels served with raita <b>(v)</b>	R40	R 34.00		
3 Cheese and onion samosas <b>(v)</b>	R52	R 44.20		
100g Grilled halloumi with baba ganoush <b>(v)</b>	R47	R 39.95		
100g Mixed marinated olives <b>(v)</b>	R28	R 23.80		
- PLATTERS -				
All platters are suitable for four adults				
Sausage Platter	R358	R304.30		
A variety of sausages served with chips and dip				
Ribs and Wings Platter	R358	R304.30		
Sticky BBQ pork ribs and chicken wings served with chips and dip				
- LOADED FRIES -				
	R69	R 58.65		
Perfectly fried rustic style chips topped with cheese sauce, bacon bits and jalapeños				
<b>Upgrade your regular fries</b>	surcharge R39	R 33.15		
- VEGAN -				
Falafel Burger <b>(vegan)</b>	R105	R 89.25		
Falafel patty topped with fresh red onion, wild rocket, tomato, hummus, guacamole and onion rings				
Falafel Wrap <b>(vegan)</b>	R100	R 85.00		
Falafel fritters, hummus, tomato and coriander salsa, lettuce, chickpeas, grated carrot, cucumber and avocado				
Thai Curry <b>(vegan)</b>	R132	R112.20		
Cauliflower, potato, pea, and lentils in a Thai coconut curry cream with basmati rice, sambals and a poppadom				

Vegan Pasta <b>(vegan)</b>	R125	R106.25
Vegan penne pasta in a classic Neapolitan sauce with basil and rocket		
Pizza <b>(vegan)</b>	<div><div>23cm</div><div>R135</div></div> <div><div>-15%</div><div>R114.75</div></div> <div><div>30cm</div><div>R163</div></div> <div><div>-15%</div><div>R138.55</div></div>	
Tomato base, vegan mozzarella, courgette, roasted peppers and olives		
- SUSHI -		
Salmon Rose (3pc)	R95	R 80.75
Salmon Sashimi (3pc)	R106	R 90.10
Tempura Prawns (4pc)	R108	R 91.80
Nigiri (3pc)		
Salmon	R92	R 78.20
Prawn	R65	R 55.25
Rainbow Rolls (4pc)		
Salmon & avocado	R97	R 82.45
Prawn & avocado	R75	R 63.75
Dragon roll <b>(v)</b>	R48	R 40.80
Maki (6pc)		
Salmon	R80	R 68.00
Prawn	R65	R 55.25
Smoked salmon & cream cheese	R75	R 63.75
Vegetarian <b>(v)</b>	R38	R 32.30
Fashion Sandwiches (4pc)		
Salmon & avocado	R88	R 74.80
Prawn & avocado	R75	R 63.75
Vegetarian <b>(v)</b>	R48	R 40.80
California Roll (4pc)		
Deep-fried salmon	R80	R 68.00
Salmon & avocado	R80	R 68.00
Prawn & avocado	R66	R 56.10
Vegetarian <b>(v)</b>	R43	R 36.55
Handroll (1pc)		
Salmon & avocado	R78	R 66.80
Prawn & avocado	R65	R 55.25
Vegetarian <b>(v)</b>	R43	R 36.55
- SUSHI PLATTERS -		
Vegetarian Platter (15pc) <b>(v)</b>	R165	R140.25
Dragon roll (4pc), Handroll (1pc), Vegetable maki (6pc) and Vegetable fashion sandwich (4pc)		
Platter for One (5pc)	R145	R123.25
Salmon roses (3pc) and Tempura prawn (2pc)		
Prawn Platter (8pc)	R190	R161.50
Prawn nigiri (3pc), Prawn handroll (1pc) and Prawn rainbow roll (4pc)		
Salmon Platter (14pc)	R230	R195.50
Salmon fashion sandwich (4pc), Salmon and avocado California roll (4pc) and Salmon maki (6pc)		
Club Platter (12pc)	R290	R246.50
Salmon California roll (4pc), Prawn fashion sandwich (4pc), Prawn hand roll (1pc) and Nigiri salmon (3pc)		
All Salmon	R312	R265.20
Sunset Platter (19pc)	R360	R306.00
Salmon rainbow roll (4pc), Prawn hand roll (1pc), Deep-fried salmon California roll (4pc), Avocado maki (6pc) and Tempura prawns (4pc)		
All Salmon	R410	R348.50
Deluxe Platter (19pc)	R425	R361.25
Salmon roses (3pc), Salmon sashimi (3pc), Salmon rainbow roll (4pc), Salmon maki (6pc) and Salmon nigiri (3pc)		
- PASTAS -		
Chicken Penne Pasta	R135	R114.75
Chicken with roasted butternut, bacon, chorizo in a blue cheese sauce with Parmesan		
Linguine Carbonara <b>(new)</b>	R135	R114.75
A cream sauce with bacon, onions and garlic with Parmesan		
Prawn Tagliatelle <b>(new)</b>	R145	R123.25
Creamy Tomato based sauce with prawns sun-dried tomato and fresh basil with Parmesan		
Basil Pesto Penne <b>(v) (new)</b>	R125	R106.25
Basil pesto sauce, roasted cherry tomatoes, feta and avocado with Parmesan		

Pay with your Pre-funded Account and benefit from a 15% discount on food and beverage items.  
Dishes may contain nuts/nut derivatives. Avocado is seasonal.





- MAINS -

Chicken and Mushroom Pot Pie <b>(new)</b>	R140	<sup>-15%</sup> R119.00
Served with a side salad or chips or mashed potatoes		
Beef Short Rib Stew <b>(new)</b>	R165	R140.25
Slow-braised beef short rib on the bone in a stout reduction, served with root vegetables and mashed potatoes		
Pan-Fried Line Fish	R225	R191.25
Served with grilled baby potatoes, green beans, black olives, red onion and lemon butter sauce		
Grilled Norwegian Salmon	R299	R254.15
Served on a bed of stir-fried Asian vegetables, with wasabi-infused mashed potato and drizzled with our homemade teriyaki sauce		
Fish and Chips	R142	R120.70
Beer-battered hake, deep-fried or grilled with tartare sauce, chips or a side salad		
300g Beef Rib Eye	R230	R195.50
Char-grilled to your liking, served with seasonal vegetables, mashed potatoes and a rich red wine demi-glace		
250g Beef Fillet	R260	R221.00
Char-grilled to your liking, seared rosemary flavoured beef fillet served with crushed potatoes, baby carrots and steak Diane sauce		
450g Lamb Chops	R330	R280.50
Char-grilled to your liking served with chips or a side salad and topped with herb butter, rocket and semi-dried tomato		
Steak, Egg and Chips	R156	R132.60
Char-grilled to your liking 200g sirloin steak topped with a fried egg and served with your choice of chips or a side salad		
500g Beef T-Bone	R290	R246.50
Char-grilled to your liking served with chips or a side salad and corn salsa		
Salmon Poke Bowl	R158	R134.30
Marinated spicy salmon with sushi rice, edamame beans, cucumber, avocado, carrots, toasted sesame seeds and green onion		
Chicken Poke Bowl	R140	R119.00
Teriyaki marinated chicken with sushi rice, edamame beans, cucumber, avocado, carrots, toasted sesame seeds and green onion		
Halloumi Poke Bowl <b>(V)</b>	R150	R127.50
Fried halloumi cheese with sushi rice, Teriyaki sauce, edamame beans, cucumber, avocado, carrots, toasted sesame seeds and green onion		
Murgh Makhani (mild)	R155	R131.75
Traditional Punjab style butter chicken curry with basmati rice, lentils, sambals, roti and a poppadom		
Lamb Rogan Josh (hot)	R232	R197.20
Traditional Kashmiri style lamb curry with basmati rice, lentils, sambals, roti and a poppadom		
South Indian Fish Curry (mild)	R157	R133.45
Traditional South Indian style fish curry cooked with tamarind fruit in a rich tomato gravy with basmati rice, sambals, roti, and a poppadom		
Ox Liver and Onion	R107	R 90.95
Pan-fried ox liver with grilled bacon, caramelised onions, mashed potatoes and red wine jus		
Pap and Wors	R90	R 76.50
200g grilled boerewors, chunky tomato and onion gravy served with pap, chips or mashed potatoes		
Pork Ribs		
Sticky BBQ pork ribs served with chips		
Small Portion - 250g	R125	R106.25
Medium Portion - 500g	R215	R182.75
Large Portion - 1kg	R380	R323.00

- SIDES AND SAUCES -

Side salad or side chips	R30	<sup>-15%</sup> R25.50
Plate of onion rings	R24	R20.40
Plate of chips and dip	R54	R45.90
Fried egg	R10	R8.50
Sliced avocado	R35	R29.75
Feta cheese	R36	R30.60
Seasonal vegetables	R40	R34.00
Pap	R20	R17.00
Side Sauce	R35	R 29.75
Creamy mushroom, Red wine jus, Garlic butter, Cheddar Chimichurri or Pepper		
- KIDS -		
Chips can be substituted with side vegetables or a side salad		
Fish Goujons	R65	R 55.25
Crumbed hake goujons with chips		
Homemade Chicken Strips	R65	R 55.25
Crumbed chicken breast strips with chips		
Spaghetti and Meatballs	R65	R 55.25
Savoury beef meatballs served in tomato sauce on spaghetti topped with grated cheddar cheese		
Mac and Cheese <b>(V)</b>	R65	R 55.25
Traditional macaroni and cheese topped with gratinated cheddar cheese		
Hawaiian Pizza	R65	R 55.25
Ham, pineapple and mozzarella cheese		
Beef Burger	R65	R 55.25
120g beef patty with tomato, lettuce and cheese and served with chips		
Sticky Pork Ribs and Chips	R65	R 55.25
120g pork ribs served with chips		
Ice Cream and Chocolate Sauce <b>(V)</b>	R30	R 25.50
Two scoops of ice cream with chocolate sauce Your choice of vanilla, chocolate or strawberry		
- SWEET -		
Banoffee Bread and Butter Pudding <b>(V) (new)</b>	R68	R 57.80
Served with toffee sauce and fresh vanilla cream		
Baked Vanilla Cheesecake <b>(V)</b>	R68	R 57.80
Vanilla bean infused baked cheesecake with a sweet biscuit base drizzled with a fresh berry coulis		
Crème Brûlée with Berry Compote <b>(V)</b>	R68	R 57.80
Amarula infused Brûlée with berry compote and caramelised sugar		
Chocolate Brownie <b>(V)</b>	R68	R 57.80
Warm chocolate fudge brownie with hot chocolate sauce and ice cream		
Ice Cream and Chocolate Sauce <b>(V)</b>	R58	R 49.30
Three scoops of ice-cream topped with hot chocolate sauce Your choice of vanilla, chocolate or strawberry		
Roska's Ice-Cream 125ml Tub <b>(V)</b>	R58	R 49.30
Choice of Salted Caramel, Tin Roof, Belgium Chocolate or Vanilla Sky		
- WAFFLES -		
Traditional Waffle <b>(V)</b>	R63	R 53.55
A freshly baked waffle topped with ice cream, whipped cream and drenched in syrup		
Death by Chocolate <b>(V)</b>	R76	R 64.60
Waffle batter laced with chocolate chips, freshly baked and served with chocolate ice cream, chocolate sauce and chocolate shavings		
Waffle Tower <b>(V)</b>	R80	R 68.00
Three scoops of vanilla ice cream between freshly made waffles, topped with brownie bits, butter biscuit crumble, caramel popcorn, marshmallows and caramel sauce		